Sacred Gold/Storm Silver Guide V. 1.05

Hi you all! Welcome to this guide. Sacred Gold and Storm Silver are very different compared to HGSS. There are more pokemon available from the start, you don't have to trade for trade evolutions, changes in the storyline and so on. In this guide I will provide you with where to find the pokemon, where to find the items and so on. Goodluck and please don't go insane!

Section 1 - Pre Falkner

There are a lot of pokémon available in the first section. Actually, you can complete almost ½ of the dex in the first section. Still ready? Let's go then!

The first quest to Mr. Pokémon!

As usual we start our adventure in New Bark Town. Your mom will give you direct access to your bike and your running shoes! Go to Prof. Elm and pick your starter. For this run I recommend Totodile. This is because he evolves the quickest. Go to Cherry Grove City and take the tour from the old man. Instead of giving you the town map or running shoes, he will give you an old rod. Continue your way up, stop by the house to get an Apricorn Box and go to Mr. Pokémon. Right before you enter his house, you will see Cynthia. She will give you an Eevee!

- Eevee

Go inside Mr. Pokemon his house, talk to him, get the egg and get the pokédex from Professor Oak. When you leave you will get a call from Professor Elm. Go back to Cherrygrove and battle your rival. Return to Professor Elm, name your rival, deliver the egg to him and talk to your mom. No need to let her keep your money, you are gonna need that for pokéballs. All right, let's start for real now!

New Bark Town

Starting off with the starter:

- Chikorita -> Lv. 16 -> Bayleef -> lv. 32 -> Meganium

OR

- Cyndaquil -> Lv. 14 -> Quilava -> Lv. 36 -> Typhlosion

OR

Totodile -> Lv. 18 -> Croconaw -> Lv. 30 -> Feraligatr

You can also fish here. The Old Rod is good for:

- Magikarp -> Lv. 20 -> Gyarados
- Shellder
- Chinchou -> Lv. 27 -> Lanturn

Route 29

Off we go to the first route of the Johto Region! On this route you can capture nine different evolution lines. During the day you can find:

- Pidgey -> Lv. 18 -> Pidgeotto -> Lv. 36 -> Pidgeot
- Sentret -> Lv. 15 -> Furret
- Starly -> Lv. 14 -> Staravia -> Lv. 34 -> Staraptor
- Rattata -> Lv. 20 -> Raticate
- Zigzagoon -> Lv. 20 -> Linoone

- Bidoof -> Lv. 15 -> Bibarel
- Hoppip -> Lv. 18 -> Skiploom -> Lv. 27 -> Jumpluff
- Wurmple -> Lv. 7 -> Cascoon -> Lv. 10 -> Dustox
- Wurmple -> Lv. 7 -> Silcoon -> Lv. 10 -> Beautifly

At night you can find:

- Hoothoot -> Lv. 20 -> Noctowl
- Poochyena -> Lv. 18 -> Mightyena

Route 46

Instead of heading west, you can go north to Route 46. This is the lower part of the route that comes from Blackthorn City. You can't go up, but you can catch a few mons here! In daytime you can catch:

- Geodude -> Lv. 25 -> Graveler
- Spearow -> Lv. 20 -> Fearow
- Spoink -> Lv. 32 -> Grumpig
- Swablu -> Lv. 35 -> Altaria
- Numel -> Lv. 33 -> Camerupt
- Jigglypuf -> Use a Moonstone -> Wigglytuff
- Phanpy -> Lv. 25 -> Donphan

In the night you can catch:

- Clefairy -> Use a Moonstone -> Clefable
- Houndour -> Lv. 25 -> Houndoom
- Shinx -> Lv. 15 -> Luxio -> Lv. 30 -> Luxray

Because this is a rom hack, you are capable to catch a Slowpoke a bit further in this section. Also Zigzagoon will learn headbutt. The trees on Route 46 have:

- Aipom -> Level up with Double Hit -> Ambipom
- Heracross

Cherrygrove City

Go back from Route 46 to Route 29. Continue your adventure west and you will be back in Cherrygrove City! Because you have the Old Rod, you are capable of capturing more pokémon here. You can catch:

- Krabby -> Lv. 28 -> Kingler
- Corphish -> Lv. 30 -> Crawdaunt

You can also headbutt some trees here. You can get:

- Pineco -> Lv. 31 -> Foretress

Route 30

Up we go from Cherrygrove City to route 30. There still are a couple more mons to find here. Fun, isn't it? In the morning you can catch:

- Ledyba -> Lv. 18 -> Ledian

At daytime you can find:

- Caterpie -> Lv. 7 -> Metapod -> Lv. 10 -> Butterfree
- Weedle -> Lv. 7 -> Kakuna -> Lv. 10 -> Beedrill
- Lotad -> Lv. 14 -> Lombre
- Seedot -> Lv. 14 -> Nuzleaf
- Taillow -> Lv. 22 -> Swellow

- Surskit -> Lv. 22 -> Masquerain
- Ralts ♀ -> Lv. 20 -> Kirlia -> Lv. 30 -> Gardevoir

At night you can find:

- Spinarak -> Lv. 20 -> Ariados
- Kricketot -> Lv. 10 -> Kricketune

The fun does not stop here! You can also fish for:

- Poliwag -> Lv. 25 -> Poliwhirl
- Poliwag -> Lv. 25 -> Use a King's Rock -> Politoed
- Goldeen -> Lv. 33 -> Seaking
- Psyduck -> Lv. 33 -> Golduck

Route 31

After the catching spree at Route 30, we go for another on Route 31! Whooo! Gladly you only have to be here in daytime. You can catch:

- Bellsprout -> Lv. 21 -> Weepinbell
- Buizel -> Lv. 26 -> Floatzel
- Abra -> Lv. 16 -> Kadabra
- Natu -> Lv. 25 -> Xatu
- Budew -> Max Happiness during daytime -> Roselia
- Exeggcute

You can also fish for:

- Tentacool -> Lv. 30 -> Tentacruel
- Slowpoke -> Lv. 37 -> Slowbro
- Slowpoke -> Use a King's Rock -> Slowbro
- Feebas

Dark Cave

You can access Dark Cave from Route 31. In this dark cave you can catch the following pokémon at morning and day:

- Zubat -> Lv. 22 -> Golbat -> Max Happiness -> Crobat
- Bronzor -> Lv. 33 -> Bronzong
- Teddiursa -> Lv. 30 -> Ursaring
- Makuhita -> Lv. 24 -> Hariyama
- Sandshrew -> Lv. 22 -> Sandslash
- Wynaut -> Lv. 15 -> Wobuffet
- Slugma -> Lv. 38 -> Macargo
- Larvitar -> Lv. 30 -> Pupitar -> Lv. 55 -> Tyranitar
- Dunsparce x
- Chingling -> Max Happiness during the night -> Chimecho

Surprise, you can also fish! Go get:

- Wooper -> Lv. 20 -> Quagsire
- Barboach -> Lv. 30 -> Whiscash

Violet City

Phew, we are finally in Violet City! But.. I guess you can feel it.. We are gonna catch a lot more. First you need to go to the Pokécenter. Here you can talk to the juggler. He will ask you four questions. Answer them right and you get a Kanto starter! You can only pick one, but a few sections later you can get them all.

- Charmander -> Lv. 16 -> Charmeleon -> Lv. 36 -> Charizard

OR

- Bulbasaur -> Lv. 16 -> Ivysaur -> Lv. 32 -> Venusaur

OR

- Squirtle -> Lv. 16 -> Wartortle -> Lv. 36 -> Blastoise

We also have one fishing encounter here.

- Staryu

I don't mention the trade here, because Dray changed it. We need a Gligar and we can't catch it in this section. This is why we can't evolve one of our trade evolutions.

Sprout Tower

In Sprout Tower we have a few new pokémon to add to our dex total. In the morning and day we can find:

- Meditite -> Lv. 37 -> Medicham
- Spinda
- Chatot

At night time we can find:

- Gastly -> Lv. 25 -> Haunter
- Glameow -> Lv. 38 -> Purugly
- Stunky -> Lv. 34 -> Skuntank
- Drifloon -> Lv. 28 -> Drifblim

When you defeat the elder from Sprout Tower, he will give you an item. These are the evolution items for Eevee! I recommend you get the Chilled Ore. The other eeveelutions are earlier to get than Glaceon!

- Eevee -> Use Chilled Ore -> Glaceon

Route 32

We are almost done! Almost. In the little bit of grass that is accessible you can get in morning and daytime:

- Mareep -> Lv. 15 -> Flaaffy -> Lv. 30 -> Ampharos
- Nincada -> Lv. 20 -> Ninjask
- Nincada -> After evolving into ninjask with empty slot on party and pokéball -> Shedinja
- Magnemite -> Lv. 31 -> Magneton
- Ekans -> Lv. 22 -> Arbok
- Pachirisu

Unfortunately we can't fish here!

Ruins of Alph

This is it, the final stretch of section 1. Before you enter, grab the Rock Smash Hm from the man near the 'suspicious' tree. Go down and enter the ruins. First you need to solve the puzzle, then you can encounter some pokémon!

- Unown

Surprise, we also fish here! You can get:

- Remoraid -> Lv. 24 -> Octillery
- Dratini -> Lv. 30 -> Dragonair -> Lv. 55 -> Dragonite

Well that was our catching spree! Let's evolve them all!

Tips for leveling

I have a few tips that will make this section a little bit easier.

Pickup Squad and stealing items

I strongly recommend one. Actually, you will need one. Zigzagoon and its evolution are your best friend, because they don't lose their pickup ability! Catch 6 of them, 5 with pickup and another one with pickup or gluttony for your dex. Get them all to level 21, because at that level they will start picking up Rare Candies. They also have a 1% chance to pick up a King's Rock.. And we need two. After that grind one of your linoone to level 35, because of Covet. We need two moonstones and with Covet we can snatch them from Clefairy! Or, if you are lazy just like me, you can get Linoone to level 41 and use Pick Up.

Money Issues?

Well.. We can all have it. In this game you can sell all your non evolution items to get more money for extra pokéballs. Also buy these in sets of 10, because you will get an additional premier ball. The Pickup Squad will also get you great and ultra balls.

Grinding Spot!

The best grinding spot in HGSS is route 32. In SGSS we skip that route! The Ruins of Alph are the best spot to grind. Every Unown we find will be level 15. They also give out 214 EXP each. They are pretty strong, so using the EXP Share you get in the Violet City Pokecenter is recommended. 107 EXP is still a lot for weaker mons.

Keep Zubat, Budew and Chingling in your party for the extra friendship. When you run around a lot, you will maximize their friendship to you!

So.. After you are done you have completed one of the biggest sections of the game. Congratulations! Your total will be..

Total: 171 caught, 322 to go!

Section 2 - Pre Bugsy

So, we finally have beaten Falkner with our extra strong mons. Feels good, doesn't it? Now we can catch some more!

Violet City

Here we are again. We can get some more after we've beaten Falkner.

- Togepi -> Max Happiness -> Togetic
- Gligar via Trade -> Catch a extra Rhyhorn on route 33

After we do the trade you can also get a new item, the Covenant Orb. This will let you evolve a trade Pokemon. So..

- Haunter -> Use Covenant Orb -> Gengar

OR

- Kadabra -> Use Covenant Orb -> Alakazam

OR

- Graveler -> Use Covenant Orb -> Golem

OR

- Machoke -> Use Covenant Orb -> Machamp

I used it for Gengar, because of the beasts in a few sections ahead. There is another trade in this section, so you can get two of the trade evolutions. On to the Ruins of Alph, again!

Ruins of Alph

Here we are again! You now have access to Rock Smash! We can break rocks now, so you can get Nosepass. Also make sure you pick up an Old Amber for later on.

Nosepass

Nosepass is the only one here, so let's move on!

Route 32

We have caught everything we need in the grass in the previous section. What's only left is fishing on this route. With that we can get:

- Owilfish

After you get it, you can make your way through the route. On to Union Cave! Before you enter the Union Cave make sure you pick up the Soothe Bell. You can find it on the right, before you enter the cave.

Union Cave

When you make your way through this cave you can also get some mons. A lot actually. You also need one of your Pickup squad members here, because of Covet. You need to steal a Metal Coat from one of the Bronzor that live here. You also need an extra Gible for a trade later on.

At Floor 1 you can get:

- Whismur -> Lv. 20 -> Loudred -> Lv. 40 -> Exploud
- Aron -> Lv. 32 -> Lairon -> Lv. 42 -> Aggron

- Machop -> Lv. 28 -> Machoke
- Cubone -> Lv. 28 -> Marowak

At B1F you can get:

- Onix -> Use a Metal Coat -> Steelix
- Bagon -> Lv. 30 -> Shelgon -> Lv. 50 -> Salamence
- Gible -> Lv. 24 -> Gabite -> Lv. 48 -> Garchomp

Yay Pseudo's! This is all you get from Union Cave. Make your way through and Route 33 is your next spot!

Route 33

On this route we can catch Rhyhorn. Remember to catch two, because of a trade! We also have a Pokemon here that only appears at night, so you need to come back here.

At daytime you can get:

- Croagunk -> Lv. 37 -> Toxicroak
- Skorupi -> Lv. 40 -> Drapion
- Slakoth -> Lv. 18 -> Vigoroth -> Lv. 36 -> Slaking
- Rhyhorn -> Lv. 42 -> Rhydon

At night you can get:

- Meowth -> Lv. 28 -> Persian

Azalea Town

In Azalea Town we get two extra Pokemons. First you can talk to the clown in the Pokecenter. He will give you one of the Hoenn starters after you answer all his questions right. So that will get you:

- Treecko -> Lv. 16 -> Grovyle -> Lv. 36 -> Sceptile

OR

- Torchic -> Lv. 16 -> Combusken -> Lv. 36 -> Blaziken

OR

- Mudkip -> Lv. 16 -> Marshtomp -> Lv. 36 -> Swampert

Next to the PC is an NPC. When you talk to him you can trade your extra Gible for a Beldum. So..

- Beldum -> Lv. 20 -> Metang -> Lv. 45 -> Metagross

And with this trade you get another Covenant Orb, so you can evolve another trade Pokemon!

- Haunter -> Use Covenant Orb -> Gengar

OR

- Kadabra -> Use Covenant Orb -> Alakazam

OR

- Graveler -> Use Covenant Orb -> Golem

OR

- Machoke -> Use Covenant Orb -> Machamp

Go to Kurt, talk to him and then make your way to Slowpoke Well. Clear the Rocket grunts here and then catch some more!

Slowpoke Well

When you scared team Rocket off, you can catch the following Pokemon:

- Shellos -> Lv. 30 -> Gastrodon
- Swinub -> Lv. 33 -> Piloswine
- Snorunt -> Lv. 42 -> Glalie

Beat your rival again and make your way to the last part of this section, llex Forest!

Ilex Forest

We can't get very far in, but we can catch some new Pokemon at daytime and at night time. So, let's do it!

At day we can get:

- Shroomish -> Lv. 23 -> Breloom
- Buneary -> Evolve with maximum happiness -> Lopunny
- Pikachu

At night you can get:

- Paras -> Lv. 24 -> Parasect
- Oddish -> Lv. 21 -> Gloom -> Use a Sun Stone -> Bellossom
- Venonat -> Lv. 31 -> Venomoth
- Murkrow
- Misdreavus
- Carnivine

And that is all!

Some tips

Leveling up

My guess is that Ilex Forest is the best for grinding. Also keep your Pickup Squad in your party for some more Rare Candies. You also need a Sun Stone from your Pickup Squad!

<u>Happiness</u>

One word.. Buneary. This one starts with 0. It hates you. So, slap on the Soothe Bell, catch it in a friend ball that you can get from Kurt and walk with it.

If you leveled everything up, your total will be...

Total: 234, 259 to go!

Section 3 - Pre Whitney

After you squashed Bugsy's bugs, we can go on. Make your way through Ilex Forest and go north. You will see Cynthia just before you enter the new route. Talk to her and she will give you the Odd Keystone. Go back to Slowpoke Well, toss the Odd Keystone in the well and encounter your Spiritomb!

- Spiritomb

Ilex Forest

When you make your way to Route 34, you can find a Woodland Ore. Use this to evolve Eevee into Leafeon when you have bred one in the daycare.

Eevee -> Use Woodland Ore -> Leafeon

Make your way back to Route 34.

Route 34

On this route there are a few new Pokemon that you can catch. So let's go on that catching spree! On this route you can get:

- Drowzee -> Lv. 26 -> Hypno
- Gulpin -> Lv. 26 -> Swalot
- Electrike -> Lv. 26 -> Manectric
- Bonsly -> Lv. 18 with Mimic -> Sudowoodo
- Mime Jr. -> Lv. 17 with Mimic -> Mr. Mime
- Ditto
- Snubbull -> Lv. 23 -> Granbull

On this route you also have a daycare. So that will get you..

- Pichu -> Breed Pikachu and Ditto
- Cleffa -> Breed Clefable and Ditto
- Igglybuff -> Breed Jigglypuff and Ditto

Also, breed 4 eevee here, because you need those for evolutions.

And with that, this route is complete! On to the biggest City in Johto, Goldenrod!

Goldenrod City

In Goldenrod there is a lot to collect, and I mean a LOT. First of all you need to make your way to the Pokecenter. Here you can get your Sinnoh starter. So..

- Turtwig -> Lv. 18 -> Grotle -> Lv. 32 -> Torterra

OR

- Chimchar -> Lv. 14 -> Monferno -> Lv. 36 -> Infernape

OR

Piplup -> Lv. 16 -> Prinplup -> Lv. 36 -> Empoleon

The next few Pokemon that you can pick up are available via Voltorb Flip. So play away and you can get:

- Smeargle
- Tangela -> Lv. 33 with Ancient Power -> Tangrowth
- Porygon

Next go to the old bike shop. Cynthia has taken over, so you can get all the fossils here.

- Omanyte -> Lv. 40 -> Omastar
- Kabuto -> Lv. 40 -> Kabutops
- Lileep -> Lv. 40 -> Cradily
- Anorith -> Lv. 40 -> Armaldo
- Shieldon -> Lv. 30 -> Bastiodon
- Cranidos -> Lv. 30 -> Rampardos

Next we go to the department store for another trade. So go to floor 5 of the store to trade Noctowl for a Torkoal.

Torkoal

With this you get another Covenant Orb, so..

- Haunter -> Use Covenant Orb -> Gengar

OR

Kadabra -> Use Covenant Orb -> Alakazam

OR

- Graveler -> Use Covenant Orb -> Golem

OR

- Machoke -> Use Covenant Orb -> Machamp

In the department store you can also get some evolution stones. With the Pickup Squad you should have got enough money to buy those. Through the evolution stones you will get:

- Pikachu -> Use Thunder Stone -> Raichu
- Eevee -> Use Thunder Stone -> Jolteon
- Shellder -> Use Water Stone -> Cloyster
- Staryu -> Use Water Stone -> Starmie
- Eevee -> Use Water Stone -> Vaporeon
- Poliwhirl -> Use Water Stone -> Poliwrath
- Lombre -> Use Water Stone -> Ludicolo
- Weepinbell -> Use Leaf Stone -> Victreebell
- Exeggcute -> Use Leaf Stone -> Exeggcutor
- Nuzleaf -> Use Leaf Stone -> Shiftry
- Eevee -> Use Fire Stone -> Flareon

There is only one evolution left in Goldenrod.. Feebas into Milotic. In the Underground there are brothers that give haircuts. Give about 7 -10 haircuts to your ugly fish, level it up once and it will evolve into Milotic.

Feebas -> Lvl up with max Beauty -> Milotic

This was all in Goldenrod! Onto route 35 we go.

Route 35

Alongside a few trainers there is not very much to do on route 35. Here you can get:

- Nidoran M -> Lv. 16 -> Nidorino -> Use Moon Stone -> Nidoking
- Nidoran F -> Lv. 16 -> Nidorina -> Use Moon Stone -> Nidoqueen
- Illumise
- Volbeat
- Yanma -> Level up with Ancient Power at lv. 33 -> Yanmega

After Route 35 you will get to National Park.

National Park

Luckily you don't have to do the bug catching contest for all these mons! In daytime you can get:

- Sunkern -> Use Sun Stone -> Sunflora

The other mons you can get in all times of the day. Those are:

- Combee -> Lv. 21 -> Vespiquen
- Burmy M -> Lv. 20 -> Mothim
- Burmy F -> Lv. 20 -> Wormadam
- Scyther -> Use Metal Coat -> Scizor
- Pinsir

When you caught them all you can go to your right. Here you can enter Route 36. You can catch the last mons for this section right here.

Route 36

Only some stone evolutions here! Oh and also some mons that don't evolve. Here you can get:

- Growlithe -> Use Fire Stone -> Arcanine
- Vulpix -> Use Fire Stone -> Ninetales
- Plusle
- Minun
- Stantler

Some tips

National Park and Route 36 are great for grinding. Stantler, Heracross, Pinsir and Scyther give great exp. Also keep your Pickup Squad ready for those Rare Candies.

After all the grinding your total will be...

Total: 314, 179 to go!

Section 4 - Pre Morty

Luckily, this section isn't that big. On the other hand.. We have to catch Raikou and Entei. Fun!

First make your way to Ecruteak City. A Sudowoodo blocks your way, but you can water it with the Squirtbottle that you'll get from the berry shop in Goldenrod. Kill it with water and go on to Route 37.

Route 37

On this small Route we can catch two mons. These are:

- Seviper
- Zangoose

After you caught these we can go on to Ecruteak City!

Ecruteak City

Aside from the Burned Tower there is nothing to do here. Go to the Pokemon Center to interact with Bill. Go back to Goldenrod and talk to Bill again in his house. In HeartGold and SoulSilver you'll get your Eevee here. Dray made it so that you get a different mon.

- Castform

Burned Tower

Ah, the Burned Tower. Fight your Rival and activate the beasts. Raikou and Entei will sprint away, Suicune will dance for you and then run. Catch the following mons here:

- Koffing -> Lv. 35 -> Wheezing
- Magby -> Lv. 31 -> Magmar
- Grimer -> Lv. 38 -> Muk
- Duskull -> Lv. 37 -> Dusknoir
- Shuppet -> Lv. 37 -> Banette

After you caught these we can go on to some special events.

Rotom

For Rotom you will get to go to the place where it all started.. New Bark Town! Go to your home and thump the TV at the bottom floor of your house. Choose yes to encounter Rotom!

- Rotom

Raikou and Entei

Yes.. They are a thing. Luckily we can get them fairly easily, we just need a little patience. For this I leveled up my Gengar, because it knows Mean Look. We need this to trap the beasts.

First you buy a lot of repels. Spray it on Route 37 and run around in the grass. Note that you will need a pokemon higher than level 30, but lower than level 40, otherwise you won't encounter them. If you encounter them, use your Mean Look mon, so they can't escape. After that we can weaken them and chug Ultra Balls at them!

After this your total will be...

Total: 330, 163 to go!

Section 5 - Pre Chuck

Yay, we won from Morty! On to some more catching. We have surf now, so it opens a few new area's.

Ruins of Alph

First you need to go back to the ruins of Alph. Make sure you have Flash and Surf. You also need to catch 14 different types of Unown, so you can get the upgrade. For Girafarig you need to enter the ruins via Union Cave. Receive the Serenade Orb in the Room where you need to use flash. This is how you get:

- Girafarig
- Porygon -> Use Upgrade -> Porygon 2
- Eevee -> Use Serenade Orb -> Umbreon

After you have obtained these you need to get back to Route 31.

Route 31

You can surf here now! Go in the little patch of water and catch:

- Marill -> Lv. 18 -> Azumarill

After this go back to Union Cave.

Union Cave

Go to B2F. Don't forget to go on a Friday, because that is the only day that you can get a Lapras here! On B2F you can get:

- Sableye
- Mawile
- Lickitung -> Lv. 33 with Rollout -> Lickylicky
- Kangaskhan
- Lapras

Make your way back to Goldenrod, because we need to fish on Route 35!

Route 35

In Olivine you can get the Good Rod. If you have obtained it, you can fish here now for Luvdisc. You also need to grab the Dawn Stone. You can get:

- Luvdisc
- Snorunt (Female) -> Use Dawn Stone -> Froslass

OR

- Ralts (Male) -> Lv. 20 -> Kirlia (Male) -> Use Dawn Stone -> Gallade

Make your way back to Ecruteak and on to Route 38!

Route 38

Aaaah.. A brand new Route with brand new Pokémon. Nice! There are a few which are only available during day and nighttime. At night you can catch:

Skitty -> Use Moon Stone -> Delcatty

At the daytime you can find:

- Cherubi -> Lv. 25 -> Cherrim

The rest of the time you can find:

- Doduo -> Lv. 31 -> Dodrio
- Mankey -> Lv. 28 -> Primeape
- Voltorb -> Lv. 30 -> Electrode
- Elekid -> Lv. 30 -> Electabuzz
- Miltank
- Tauros
- Farfetch'd

Catch 2 Elekid, because you need another Electabuzz for the last trade! On to Route 39.

Route 39

We only have to catch one mon here. Our favourite fire pony! Here you catch:

- Ponyta -> Lv. 40 -> Rapidash

On to Olivine City!

Olivine City

First get your Good Rod in the diner. Then we have a trade to do. You need an Electabuzz, because someone wants to trade it for a Skarmory. Via this trade you'll get your last Covenant Orb. So this will get you:

- Skarmory
- Haunter -> Use Covenant Orb -> Gengar

OR

- Kadabra -> Use Covenant Orb -> Alakazam

OR

Graveler -> Use Covenant Orb -> Golem

OR

- Machoke -> Use Covenant Orb -> Machamp

On to the big sea!

Route 40

You have a surf and a fish encounter here. Via surfing you can get:

- Wingull -> Lv. 25 -> Pellipper

Fish for:

- Finneon -> Lv. 31 -> Lumineon

Ouick to Route 41!

Route 41

On Route 41 you have a surf encounter and a few fish encounters. Horsea has a 5% chance to hold a Dragon Scale. While fishing with your Good Rod you can get:

- Corsola
- Wailmer -> Lv. 40 -> Wailord
- Horsea -> Lv. 33 -> Seadra -> Use Dragon Scale -> Kingdra

While surfing you can get:

- Phione
- Mantyke -> Evolve with Remoraid in party -> Mantine

On to Cianwood!

Cianwood City

We can fish and smash some rocks here. Also the move tutor is here. There also is an NPC here that gives you the Razor Fang, so you can evolve your Gligar here! By using Rock Smash in Cianwood you can get:

- Shuckle

While fishing here you can get:

- Carvanha -> Lv. 30 -> Sharpedo

When you reel in Chinchou, use Thief or Covet for a Deepseascale. Same goes for Carvanha, but then for the Deepseatooth. Use these to get:

- Clamperl -> Use Deepseatooth -> Huntail
- Clamperl -> Use Deepseascale -> Gorebyss

Let your Gligar hold the Razor Fang at night to get:

- Gligar -> Hold Razor Fang at night -> Gliscor

And last but not least.. Tutor Ancient Power to your Piloswine, so you can evolve it into a Mamoswine. Luvdisc has a 100% chance to have a Heart Scale.

- Piloswine -> Level up while knowing Ancient Power -> Mamoswine.

After this your total will be...

Total: 383, 110 to go!

Section 6 - Pre Jasmine

So... We punched Chuck on the nose. Felt good, didn't it? Luckily this section isn't very big as well. We now have access to Route 47, Cliff Cave and Route 48. Make your way to Route 47.

Note that there is a Rocket Event here. I advise you to catch the mons with a higher level first, so you can get all the exp from the Rocket battles for them!

Route 47

There are no grass encounters here, because well.. There is no grass. You need surf to get the encounters on this Route. Go get:

- Seel -> Lv. 34 -> Dewgong
- Spheal -> Lv. 32 -> Sealeo -> Lv. 44 -> Walrein

After you caught these, make your way into Cliff Cave!

Cliff Cave

In this cave you have a few ground encounters. Encounter them to get:

- Baltoy -> Lv. 36 -> Claydol
- Trapinch -> Lv. 35 -> Vibrava -> Lv. 45 -> Flygon
- Hippopotas -> Lv. 34 -> Hippowdon

After this make your way to Route 48.

Route 48

We have a few mons here. Here you can catch:

- Absol
- Tropius
- Kecleon
- Chansey -> Lv. up with max Happiness -> Blissey
- Diglett -> Lv. 26 -> Dugtrio

And.. That was it! Grind on Route 48 for the quick levels.. Because of Chansey.

After this your total will be..

Total: 402, 91 to go!